

SAFEGUARDRX®

Specialty Adherence ProtectionSM program



Nonadherence causes tremendous waste, accounting for ~16% —or \$500 billion—of the entire U.S. health care spend every year.^{1,2}

With the high costs of specialty medications, plan sponsors can't afford the financial consequences when members struggle to follow therapy regimens.

High specialty drug costs: A challenge in need of powerful protection

Even though less than 2% of the population uses specialty drugs, those prescriptions account for a staggering 51% of total pharmacy spending. Since specialty medications impact drug trend the most, addressing the high cost of specialty medication is crucial.³

For most patients, these are life-sustaining—and even life-saving—therapies, which makes adherence critical and oftentimes challenging to maintain.

Alarmingly, it's estimated that half of Americans don't take their medications as prescribed.^{1,2}

The reasons for this nonadherence vary and are intricately linked to personal circumstances and individual health journeys. Some of the most common reasons people struggle with adherence include:^{4,5}



High medication costs: High costs may increase the likelihood that patients are not filling their medications. They may even ration medications they do fill in order to extend their supply.



Side effects: Patients may be afraid of potential side effects or may have already experienced them. This fear prevents them from taking their medication as prescribed.



Lack of symptoms: Patients who don't feel any different when they start or stop their medicine might see no reason to take it.



Access to medication: Patients may have difficulty getting to a pharmacy to pick up their prescribed medication.



Plan sponsors average annual cost

\$38,000

to cover a specialty patient's drugs

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\$492

for the coverage of a non-specialty patient's costs³

It's time for a **powerful solution** that addresses both the personal reasons members don't take their medications as prescribed, as well as the staggering financial toll of specialty medication nonadherence.

EVERNORTH.

The Specialty Adherence ProtectionSM program: A value-based solution to eliminate waste and boost patient adherence

The Specialty Adherence Protection program, part of our value-based SafeGuardRx[®] platform, is a patient-centric, clinically tailored solution for individual specialty patients aimed at proactively combating waste and boosting patient adherence.

HERE'S HOW IT WORKS

+ Clinically determined logic for each patient—at every step

With individualized treatment and patient support, our clinicians stay hyper-focused on each specialty patient and their specific needs. We adapt throughout each stage of the patient's journey by adjusting days' supply and fill frequency as needed.

+ Reduced expensive specialty waste

For new-to-therapy patients, we eliminate the waste and associated cost of expensive specialty medications by dispensing a shorter supply. This ensures medications are well-tolerated with minimal side-effects before moving to a greater days' supply—reducing waste by 50% when compared to traditional dispensing methods.⁶

+ Industry-first financial protection

We will reimburse enrolled plans the net cost of any filled 90-day program-preferred medication if a member leaves their plan early for any reason. Our industry-first financial protection reduces the overall impact of high-cost specialty medications.

+ Medication stabilization and adherence

Our specially trained clinicians developed a select list of specialty maintenance medications best suited for dispensing extended days' supplies. Once we confirm therapy stabilization, we will move adherent chronic patients to greater days' supply or a simpler patient experience. Fewer refills throughout the year are an effective way to improve patient adherence and drive better clinical outcomes.

+ Member choice and convenience

Members can fill program-preferred medications through either Accredo Specialty Pharmacy or select in-network retail pharmacies.



By filling 90-day prescriptions, patients average a significant

19% INCREASE

in adherence when compared to patients who use 30-day fills.⁷

1. The Impact of Cost on Medication Adherence | Patient Safety & Quality Healthcare (psqh.com)
2. Cost of Prescription Drug-Related Morbidity and Mortality | PubMed (nih.gov)
3. Specialty Drug Trends, Costs, and Utilization in the US | Evernorth
4. 8 reasons patients don't take their medications | AMA (ama-assn.org)
5. The Importance of Medication Adherence | EmblemHealth
6. Clinical Days Supply Evaluation | Express Scripts 9/10/19
7. 30-Day and 90-Day Pharmacy Networks | Express Scripts (express-scripts.com)



For more information about the Specialty Adherence Protection program and how SafeGuardRx makes medicine work harder, visit [SafeGuardRx.com](https://www.safe-guardrx.com) or contact your account representative.

About SafeGuardRx[®]

SafeGuardRx offers protection from health care's biggest budgetary threats by combining multiple effective cost -containment strategies into a single platform, and enrolled plans experience lower overall trend than nonenrolled plans. Paired with condition-specific patient engagement and support clients see better patient medication adherence, higher therapy completion rates and greater compliance with clinical guidelines. © 2022 Evernorth. All rights reserved. All products and services are provided by or through operating subsidiaries or affiliates of Evernorth.

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